




July 2014 Dryden Best Start Hub

Craft of the week:	Monday	Tuesday	Wednesday	Thursday	Friday
Hand Print Canada Flag		1 Closed	3	4 Mother Goose at 1:00	5
	8 Super Scientist 10:30 Volcanoes	9 Tot Time 10:30	10 Family Math 1st week 11:00	11 Mother Goose at 1:00	12 Music & Movement for pre-schoolers & school age 10:30
		16 Tot Time 10:30	17 Family Math 2nd week 11:00	18 Mother Goose at 1:00	19 Music & Movement for pre-schoolers & school age 10:30
	22	23 Tot Time 10:30	24 Family Math 3rd week 11:00	25 Mother Goose at 1:00 Well Baby 1:30 with Kathy, NWH	26 Nature Scavenger Hunt at Pronger Park 10:30 Register!
	29 Super Scientist 10:30 Slime	30 Tot Time 10:30	31 Family Math 4th week 11:00		

Best Start HUB

A Place for Families

Dryden Best Start Hub July 2014 Newsletter

Phone: 223-7145
113 Albert Street
(Lower Level)

Come join the fun!

Summer Hours
Monday—Friday 8:30 - 4:30
Saturday:
Closed for the Summer!

Dryden

Summer Programming



Feel the Beat: Join our **Music In Movement** Group on Fridays at 10:30 beginning July 11th. We will be putting on some jiving, jumpy music and adding actions to the songs. Some

featured

songs are: Hot Potato, Doctor Knickerbockers', the Pinocchio, One Little Finger, Brown Girl in the Ring and much more. **Come in cool, comfy clothing and bring your smiles!**



Child Care Playground



Dryden Best Start Hub clientele may use the child care playground daily from 11:15 to 1:15.

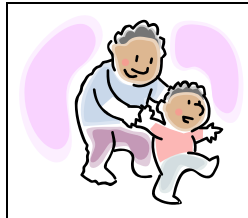
Please remember the rules:

- Up the stairs, Down the slide
- One person at a time on the slide
- Keep the area clean
- No fish or Nut products! *Please report any unsafe items!*

Family Math will be held on Wednesdays beginning July 10 at 11:00 and will run for 5 weeks. For children 4 years and up. A hands on program where parents assist their children in the introduction of basic concepts such as key words, counting, and estimating. Every day math is taught through games, books, and music.



Mother Goose Rhyme Time for parents & babies, focuses on the pleasure of rhymes and songs for everyday routines. Held every Thursday at 1:00 at Kinsman Park



Tot Time is an active music program for children 1 to 2.5 years held every Tuesday at 10:30.



Teddy Bear's Picnic On Sunday July 6 11:00 to 2:00

Nature Scavenger Hunt: Meet at Pronger Park on Friday July 25 at 10:30. We will be looking for some natural items and then make play dough sculptures with the found items. We can roll down the hill, march over the bridge, climb the play structure and play parachute games. Please register, dress casually and bring water, snacks, bug repellent, sun screen.

Super Scientist: Join us at 10:30 on Monday July 8 for Volcanoes Monday July 29 for Slime.



Painting with Sound sensory art exploration



Try:
Balloon Badminton

Summer Parades

Have your own "Noisy Parade" by making instruments and hats and walking around neighborhood. It really doesn't matter if you have an audience. Children just enjoy the process. Some of the instruments you can make are:

- Put beans, rice or jingle bells inside of Pringles chip containers. Then decorate with stickers and markers. Shake them while walking.
- Two paper plates stapled or glued together with beans, rice, beads, bells, etc. inside and use like tambourine.
- Coffee Cans can be covered and decorated for drums.

Bubble Wrap Dancing

You Need: Cool dancing music, sheets of bubble wrap. Have bubble sheet placed on the floor (one big sheet or many smaller sheets, placed around the area). Play music and encourage children to dance.

Birdseed Garden

Place a sponge soaked with water on a plastic plate and allow child to sprinkle it with birdseed. Place the plate in a sunny place and watch for the seeds to sprout! The seeds will continue to sprout as long as there is water on the plate.

FIVE FINGER SEEDS

- Gather for each child a plastic (see-through, not latex) glove, the kind usually used by food-service workers.
- Give each child five different kinds of seeds and five cotton balls.
- Help children moisten the cotton balls and place a seed on each one.
- Next, have children place one cotton ball and seed into each finger of the glove.
- Tape each glove to a table or shelf and let the children watch the growing go.

Dig for Buried Treasures

- To start, go through your home and gather some trinkets or toys you don't mind burying.
- Next, put together a treasure-finding toolkit that includes a hand shovel, an old paintbrush (to clean off unearthed treasures), Ziploc bags (to contain what they find) and a map showing where kids should start their search.
- Then bury the treasures in your sandbox.
- Give the children their toolkits and watch them scavenge for treasures!
- For an extra bit of fun, have kids label their finds with made-up names and place them in a "museum" (or on a serving platter) to share with visitors.



MOE the MOUSE

Is a language program
"Moe the Mouse" and his animal
friends help children to learn speech
sounds and language skills.
Moe loves to sing songs, share books,
tell stories, and play.
Building on children's language skills
helps enhance their play
experiences thus expanding their
social and emotional development.
We will be incorporating Moe the
Mouse in some of our outdoor excursions
and in future Friday Playgroups.

Did you know...

...literacy begins at birth and what you do in the early years helps your child develop a life-long love of learning. Parents are an important role model and their child's first teacher. Being involved with your child during daily experiences can help develop their early literacy skills. Some of these important everyday activities are:

- 🌸 Reading to your child every day
 - 🌸 Singing songs and dancing to music
 - 🌸 Saying nursery rhymes
 - 🌸 Making up funny nonsense words together
 - 🌸 Talking with your child all the time
 - 🌸 Encouraging your child to scribble/draw
 - 🌸 Playing games together including games with rules
 - 🌸 Asking questions and making comments
 - 🌸 Cooking and making snacks together
 - 🌸 Doing errands together (laundry, dishes, making supper) and talking about what you're doing
 - 🌸 Visiting new places like the beach, park, library and museum
- Early Literacy Specialists, Kenora & Rainy River Districts



Infant Massage

Infant massage promotes bonding, a secure attachment between infant and their parents/caregivers, quality time and a sense of love and nurturing touch. Massage may also:

- ★ Stimulates babies growth of mind & body
- ★ Relief of gas, colic and constipation
- ★ Teething discomfort
- ★ Improves sleeping patterns
- ★ Improves ability to calm
- ★ Reduce stress
- ★ Provides early involvement of dads

Call 223-7145 to register for a fall program. Barb Avanthey Certified IAIM instructor

